



# Are We Surviving? Let's Chat

Educators are struggling mightily in schools. Not only are they tired and worried and experiencing their own family issues, they have students who are acting out, demonstrating anger and fear and other outsized behavior.

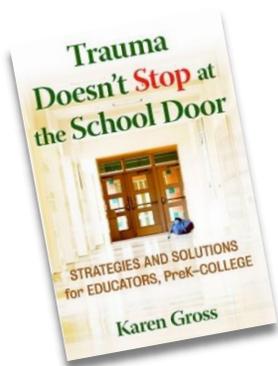
Saturday, March 5, 2022 from 12:00 noon – 2:00 EST

7:00 am PST  
3:00 pm Reykjavik

8:00 am Denver  
5:00 pm London

9:00 am Chicago  
6:00 pm Amsterdam

12:00 pm EST  
5:00 pm Helsinki



To address these concerns, the four educators/psychologists described below (together they oversee the Virtual Teachers' Lounge at [www.virtualteacherslounge2021](http://www.virtualteacherslounge2021)) will discuss and engage the participants in conversations about trauma, student behavior, measuring achievement and educator wellness.

Participants will be able to share actual in-the-trenches experiences and together with the facilitators, we will explore possible tips and strategies to enable surviving these novel and difficult times in education.

**Karen Gross** is an author, educator and artist who served as a college president and senior policy advisor to the US Department of Education and now works with organizations/schools on issues related to trauma and its impact on learning and psychosocial development and teaches at Rutgers School of Social Work.

**Sakina McGruder** is a National Board-Certified Teacher (NBCT) with over 18 years of experience. She teaches Kindergarten in a Title I school in Maryland while mentoring teachers including those struggling with classroom management and the pandemic.

**Pat Neal** served as a teacher, school counselor and Director of Student Services across the K-12 pipeline in the DC area, while leading local, regional and national educational organizations and supporting teachers in their daily work.

**Dr. Edward Wang** is a PsyD psychologist based at Harvard Medical School specializing in student social and emotional development and wellness and approaches to behavioral regulation and who has worked for 30 years with schools and organizations across the globe addressing complex trauma and toxic stress.

**REGISTER EARLY: There is a maximum number of 100 registrants.**

Click on this [link](#) to register. Questions? Contact [liztarner@aol.com](mailto:liztarner@aol.com) or [roystontreasurer@gmail.com](mailto:roystontreasurer@gmail.com)

Please feel free to support the Virtual Teachers' Lounge with a small donation by visiting [www.virtualteacherslounge2021.com](http://www.virtualteacherslounge2021.com).



Karen Gross



Sakina McGruder



Pat Neal



Edward Wang

